



PRETTY LOADED

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PLEASE TAKE A FEW MINUTES TO DISCUSS THE FOLLOWING POINTS WITH YOUR CHILD AND MAKE SURE THEY UNDERSTAND HOW TO BECOME MORE AWARE OF POTENTIAL THREATS AND WHAT TO DO WHEN THEY IDENTIFY THEM.

Walking to and from Home:

- **NEVER** get in a car with someone you don't know. Your parents will not send a stranger to get you. Establish a code word with your family so they know it's safe to go with a family member or a friend.
- Stay away from any car or person who may ask you a question. Ignore them and move as quickly as you can from the person.
- Adults do not ask children for help, ever; this is a warning sign that something is wrong with the interaction.
- A dangerous person may be male or female. Do not judge them by appearance even if they seem nice or are attractive.
- Kick, scream, and draw as much attention as you can if someone grabs you.
- Learn to say "NO" firmly. It is one of the most important words you will ever learn when it comes to your safety.
- Walk to and from school with other children that live nearby. There is safety in numbers.
- Make sure a house key remains hidden at all times since this may alert others that you may be home alone.
- Never wear clothes, backpacks, bags or accessories displaying your name.
- Point out safe houses along the school route like fire stations or a trusted neighbor's home. Know where to run in case the situation calls for it.
- Always pay attention to your surroundings.
- Have strict procedures on such things as going to and from school and where to go after events.
- **Trust your instincts**; if it feels wrong, it probably is wrong.
- Only go to **safe and secure locations that are familiar to you**.
- **Only look at your phone when you are not moving and pay attention to the people and environment around you.** A lack of situational awareness skills is responsible for a high percentage of Emergency Room visits.
- **Teach your child that no one should ever touch or look at their private areas on their body and they need to tell you if that ever happens.**